Prescription for Holiness Barbara Darosky Upbeat V. 4, n.3, 1971

We as Christians believe in God. We should act according to God's will and lead a righteous life. This implies the traits of holiness; being free from sin and pure in heart.

There are many things that stand in our way of obtaining holiness: jealousy, hatred, pride, and anger. Although these exist, there have been men through the ages that have led sacred and righteous lives. These men we recognize as saints. Their serene and peaceful expressions can be observed in icons.

We do not have to be recognized as saints to be holy. If we live our lives piously with God leading us, we will achieve our purpose on this earth; to serve God in the best way we know how. Everyone has the chance to become a saint. How we live our lives determines if we will fulfill this intention.

To reach God's kingdom we have to follow certain rules that have been set down. To live with God and find holiness and happiness, we have the Beatitudes and the Ten Commandments to observe and follow accordingly. We have to love all people no matter what faith they are, or what church they attend. Since holiness is a belief in God, we should do things for others, no matter who they are, with God in us, helping us.

Many saints that have performed miracles have done so only with the help of God. We as good Christians should follow and take not of the deeds saints have done. Only with God's help and our understanding of Him, can we become holy and seek eternal life in His heavenly kingdom. Obtaining holiness is not easy. So why do so many people wish to be holy? Maybe to be closer to God and to have that good feeling inside when you do something good. Great faith in God will help you combat the forces of evil. Is not achieving a perfect holiness our aim for a perfect relationship with God?